

NATIONAL EMPLOYMENT SERVICE (KERALA)

EMPLOYMENT INFORMATION BULLETIN

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UNIVERSITY EMPLOYMENT INFORMATION AND
GUIDANCE BUREAU
KERALA AGRICULTURAL UNIVERSITY**

MANNUTHY- 680651



Chief
Dr.Ranjit Kumar.E.G



Deputy Chief
Smt.Sreekumary.K.N

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OBJECTIVES OF THE BUREAU

- ❖ To give employment information and advice the University alumni.
- ❖ To give information on various courses of higher studies in India and abroad.
- ❖ To collect and disseminate occupational information, information regarding scholarships, fellowships training facilities, admission etc.
- ❖ To collect and disseminate Career-Guidance Literature, Magazine etc. to helps students in their Career Planning.
- ❖ To render Vocational Guidance to the students.
- ❖ To collect, disseminate and provide information on Competitive examinations conducted by the various Public Service Commissions, Staff Selection Commission etc.
- ❖ To prepare Employment –Guidance-Bulletin to help students in their Educational and Vocational Planning.
- ❖ To maintain Career Information Room in the Bureau.
- ❖ To organize Pre-Examination coaching scheme for some Competitive Examinations, with the assistance of the University.
- ❖ To get the enterprising Un-employed youths acquainted with the facilities and incentives under the Self-Employment Scheme for the Registered Un-employed.

SELF EMPLOYMENT SCHEMS

KESRU

MULTIPURPOSE (JOB CLUB)

SARANYA

NAVAJEEVAN

KAIVALYA (ONLY FOR DISABLED)

Life Skills

What is Basic Life Skills

Life skills are defined as “a group of psychosocial competencies and interpersonal skills that help people make informed decisions, solve problems, think critically and creatively, communicate effectively, build healthy relationships, empathize with others, and cope with and manage their lives in a healthy and productive manner. Life skills may be directed toward personal actions or actions toward others, as well as toward actions to change the surrounding environment to make it conducive to health.” according to World Health Organization (WHO). Bearing the WHO definition in mind, the Basic Life Skills curriculum offers youth the emotional, social and intellectual tools needed to achieve success in life – on a personal level, an interpersonal level, and within their community and work places.

Who Developed Basic Life Skills Curriculum?

It was developed by UNICEF in close collaboration with the Ministry of Youth and Sport of Azerbaijan to provide youth with new knowledge and the opportunity to apply novel skills in a safe environment for the successful transitioning to the adulthood.

Why Is Basic Life Skills Important?

The Basic Life skills provides readily available tools to deal with challenges/demands of daily lives the youth face, from managing their emotions to make an informed decision. It also helps develop children’s personality, talents, and mental and physical abilities, and realize their true potential through learning to know oneself and others, and make effective decisions to live harmonically together in the society. The Education for All (2000) included life skills among the essential learning tool for survival, capacity development and quality life. It also documented that all young people and adults have the “human right to benefit from an education that includes learning to know, to do, to live together.” recognizing the importance of living together as much as acquiring knowledge from an academic environment.

What Is Basic Life Skills For?

Objective: Young generations develop attitudes and beliefs in a positive manner so that they contribute to Azerbaijani society and achieve success as they transition to adulthood, and the work world.

- Target audience: The life skills lesson package is intended to apply to young generation aged 10 to 24 years old who come to Youth Houses aiming to creating a healthy condition to support and advancement of youth initiatives.
- Expected outcome: Through life skills education, young generations are equipped with foundational skills necessary for transitioning to productive adulthood; manage stress; learn to deal with difficult emotions; practice positivism; improve self-esteem; feel empathy; learn to listen to others carefully; learn to set personal boundary; handle dispute well; find balance between priorities and demands; communicate confidently; set goals; make decisions; solve problems; think critically and creatively; use executive functional skills; and learn to bounce back from adversity.

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Basic Life Skills Curriculum for Youth

The Basic Life Skills curriculum for the youth are based in evidence-based psychosocial methodology including cognitive-behavioral therapy, mindfulness and resilience-building activities.

These skills can help youth better understand themselves, get along with others, and gain tools to cope with life's inevitable difficulties. Total 16 topics are covered. Ideally, 2 lessons will be covered in a week in an 8-week session. Each lesson is designed to be delivered for 90 minutes for discussion, activities, and group work. However, it is up to Youth House to choose how to deliver the lessons.

- Self-awareness — knowing and living with oneself: This theme covers topics that foster the student's relationship and understanding of themselves including their thoughts, feelings and behaviors.
- Interpersonal Skills — knowing and living with others: The lessons in this theme explore how to establish healthy, respectful relationships; lessons highlight the use of non-violent communication, assertiveness and dispute resolution.
- Thinking Skills — making effective decisions: The skills taught in this theme include concrete ways of thinking and executing tasks so that youth will make effective decisions, set relevant goals, and be informed consumers of information.

Progress of Basic Life Skills Curriculum for Youth As a result of successful testing through the two pilot Youth Houses – in Baku-Binagadi and Mingachevir, the UNICEF-developed Basic Life Skills programme was expanded to one more Youth House supported by the Ministry of Youth and Sports, as well as three Career Centres supported by the Youth Foundation. In parallel, negotiations are held with the Ministry of Education with regards to possible inclusion of the BLS programme into the formal education curriculum.

For more details visit: <https://www.unicef.org/azerbaijan/>

Quotations

1. "I think being in love with life is a key to eternal youth." —*Doug Hutchison*
2. "You're only here for a short visit. Don't hurry, don't worry. And be sure to smell the flowers along the way." —*Walter Hagen*
3. "A man who dares to waste one hour of time has not discovered the value of life."
—*Charles Darwin*
4. "If life were predictable it would cease to be life, and be without flavor." —
Eleanor Roosevelt
5. "All life is an experiment. The more experiments you make the better." —*Ralph
Waldo Emerson*
6. "All of life is peaks and valleys. Don't let the peaks get too high and the
valleys too low." —*John Wooden*
7. "Out of suffering have emerged the strongest souls; the most massive
characters are seared with scars." -Khalil Gibran
8. "Many of life's failures are experienced by people who did not realize how
close they were to success when they gave up."¹⁵ - Thomas Edison
9. "The two most important days in your life are the day you are born and the
day you find out why." -Mark Twain.
10. "There is only one way to avoid criticism: do nothing, say nothing, and be
nothing." - Aristotle

CAREER OPPORTUNITIES

Kerala PSC Notification
Last Date 15-05-2024.

CAT.NO : 63/2024 to
66/2024

Visit: www.kpsc.kerala.gov.in

63/2024	Clerk / Cashier – PART-I (GENERAL CATEGORY)	Kerala Bank (Kerala State Co-operative Bank Limited)
64/2024	Clerk / Cashier – PART-II (SOCIETY CATEGORY)	Kerala Bank (Kerala State Co-operative Bank Limited)
65/2024	Office Attendant – PART-I (GENERAL CATEGORY)	Kerala Bank (Kerala State Co-operative Bank Limited)
66/2024	Office Attendant – PART-II (SOCIETY CATEGORY)	Kerala Bank (Kerala State Co-operative Bank Limited)

OTHER NOTIFICATIONS

1. ഇൻ്റലിജൻസ് ബ്യൂറോയിൽ - 660 ഒഴിവ്
 അവസാന തീയതി - മേയ് 27
 Visit : www.mha.gov.in
2. NIFT - 37 ഒഴിവ്
 അവസാന തീയതി - മേയ് 20
 Visit : www.nift.ac.in/raebareli
3. കേരള ബാങ്കിൽ -479 ഒഴിവ്
 അവസാന തീയതി - മേയ് 15
 Visit : www.keralabank.co.in

4. റെയിൽവേയിൽ - 4660 എസ്ഐ/കോൺസ്റ്റബിൾ
അവസാന തീയതി - മേയ് 14
Visit : www.rrbthiruvananthapuram.gov.in
5. INMAS - 38 അപ്രന്റിസ്
അവസാന തീയതി - മേയ് 15
Visit : www.mhrdnats.gov.in
6. തപാൽ വകുപ്പിൽ- 27 ഡ്രൈവർ
അവസാന തീയതി - മേയ് 14
Visit : <https://www.indiapost.gov.in>
7. HURL - 80 ഒഴിവ്
അവസാന തീയതി - മേയ് 20
Visit : <https://jobs.hurl.net.in>
8. RGCB - ജൂനിയർ റിസർച്ച് ഫെലോ
അവസാന തീയതി - മേയ് 15
Visit : www.rgcb.res.in
9. കേരള ഹൈക്കോടതിയിൽ - 32 അസിസ്റ്റന്റ്
അവസാന തീയതി - മേയ് 29
Visit : <https://hckrecruitment.keralacourts.in>
10. കേന്ദ്രസർവ്വീസിൽ 17 -ഒഴിവ്
അവസാന തീയതി - മേയ് 29
Visit : www.upsconline.nic.in or <https://upsc.gov.in>
11. DRDO - 10 റിസർച്ച് ഫെലോ
അവസാന തീയതി - മേയ് 14
Visit : <https://www.drdo.gov.in/drdo/careers>
12. IIMK- അക്രിഡിറ്റേഷൻ ആന്റ് റാങ്കിങ് എക്സിക്യൂട്ടീവ്
അവസാന തീയതി - മേയ് 14
Visit : www.iimk.ac.in

GK & Current Affairs

1. 2023 - ൽ ചന്ദ്രനിലെ മണ്ണിൽ നിന്ന് ഓക്സിജൻ വിജയകരമായി വേർതിരിച്ചെടുത്തത് ഏതു രാജ്യത്തെ ബഹിരാകാശ ഏജൻസിയാണ് ?

Ans: അമേരിക്ക

2. 2023 ജൂണിൽ അറബിക്കടലിൽ രൂപം കൊണ്ട ആ വർഷത്തെ ആദ്യച്ചുഴലിക്കാറ്റിന് ദുരന്തം എന്നർത്ഥം വരുന്ന പേര് നൽകിയത് ബംഗ്ലാദേശാണ് . എന്താണ് ചുഴലിക്കാറ്റ് ?

Ans: ബിപർ ജോയ്

3. ഫ്രഞ്ച് പോക്സ് എന്നറിയപ്പെടുന്ന രോഗം ഏതാണ് ?

Ans: സിഫിലിസ്

4. 'മനുഷ്യത്വമാണ് മനുഷ്യന്റെ ജാതി' ഇത് ആരുടെ വാക്കുകളാണ്?

Ans: ശ്രീ നാരായണ ഗുരു

5. മൊബൈൽ ഫോൺ ബാറ്ററിയിലുപയോഗിക്കുന്ന പ്രധാന ലോകം?

Ans: ലിഥിയം

6 .ഇന്ത്യയുമായി ഏറ്റവും കൂടുതൽ കരയതിർത്തി പങ്കിടുന്ന രാജ്യമേത്?

Ans:ബംഗ്ലാദേശ്

7. ശ്വാസകോശ പട്ടാളം എന്നറിയപ്പെടുന്നത് ?

Ans: മാക്രോഫേജുകൾ

8. വയനാട്ടിൽ നിന്ന് 2023 ൽ കണ്ടെത്തിയ പുതിയ ഇനം സസ്യമായ ഇംപേഷ്യൻസ് സലീമി ഏതിനത്തിൽപ്പെടുന്നു?

Ans: കാശിത്തമ്പ

9. കേരള ഭാഷാ ഇൻസ്റ്റിറ്റ്യൂട്ട് സ്ഥാപിതമായ വർഷം?

Ans: 1968

10. കേരളത്തിലെ ആദ്യ സ്വകാര്യ ആർട്ട് ഗ്യാലറി?

Ans: ചിത്രകൂടം

11. 2024 ഏപ്രിലിൽ ഏഷ്യൻ അത് ലറ്റിക് കമ്മീഷൻ അംഗമായി നിയമിതനായ മലയാളി?

Ans: ഷൈനി വിൽസൺ

13. ബാഹുബലി എന്നറിയപ്പെടുന്ന വിക്ഷേപണ വാഹനം ?

Ans: എൽവിഎം - 3

14. ചന്ദ്ര 2 ചന്ദ്രോപരിതലത്തിൽ തകർന്നു വീണ സ്ഥലം?

Ans: തിരംഗ

15. 2023 നവംബറിൽ സച്ചിൻ തെണ്ടുൽക്കറുടെ പൂർണകായ പ്രതിമ അനാച്ഛാദനം ചെയ്തത് ഏത് സ്റ്റേഡിയത്തിലാണ്?

Ans: വാക്കഡേ സ്റ്റേഡിയം

16. ചന്ദ്രയാൻ 3 ദൗത്യത്തിലെ റോവറിന്റെ പേര്?

Ans: പ്രഗ്യാൻ

17. ദയാഹർജികളിൽ തീർപ്പുകല്പിക്കാൻ അധികാരമുള്ളതാർക്ക്?

Ans: രാഷ്ട്രപതി

18. മൂലകങ്ങളുടെ വർഗീകരണത്തിന് തുടക്കം കുറിച്ച ശാസ്ത്രജ്ഞൻ?

Ans: അന്റോയിൻ ലാവോസിയർ

19. ഇന്നുവരെ കണ്ടുപിടിച്ചിട്ടുള്ള ആകെ മൂലകങ്ങൾ?

Ans: 118

20. ആവർത്തനപ്പട്ടികയിലെ പ്രകൃതിദത്തമൂലകങ്ങളുടെ എണ്ണം?

Ans: 92

Important Days and Dates in May

May 01	World Labour Day or May Day or Workers Day, Maharashtra Day
May 03	Press Freedom Day(Intl.), International Sun Day, World Asthma Day, International Energy Day
May 04	Coal Miners Day(Intl.), International Firefighters' Day
1st Sunday of May	World Laughter Day
May 05	World Athletics Day, World Midwives Day
May 06	World No Diet Day
May 08	World Red Cross Day or Red Crescent Day, Remembrance and Reconciliation for Lost Lives of Second World War
May 09	World Thalassaemia Day
2nd Sunday of May	World Mother Day
May 10	International Migratory Bird Day
May 11	National technology day
May 12	International Nurses Day
May 13	International Criminal Court Day
May 15	International Day of the Families
May 17	World Tele-communication and Information Society Day, World AIDS Vaccination day, World Hypertension Day, International day against Homophobia and Trans phobia
May 18	World Museum Day
May 20	World Meteorology Day
May 21	National Anti-Terrorism Day, National Day for Cultural Development
May 22	International Day for Biological Diversity
May 24	Commonwealth Day
May 25	World Missing Children's day

**SOME OF THE EXAMINATIONS CONDUCTED BY UNION PUBLIC SERVICE
COMMISSION**

1. Civil Service (Preliminary and Main) Examination.
2. Combined Medical Service Examination.
3. Geologist Examination.
4. National Defence Academy and Naval Academy Examination.
5. Combined Defence Service Examination.
6. Indian Economics Service/Indian Statistical Service Examination.
7. Special Class Railway Apprentices Examination.
8. Indian Forest Service Examination.
9. Engineering Service Examination.
10. Section Officer/Stenographer CB/G-1 Limited-Dept. Competitive Examination.

**SOME OF THE EXAMINATIONS CONDUCTED BY STAFF
SELECTION COMMISSION**

1. Clerk Grade Examination.
2. Central Excise/Income Tax/Inspector's Examination.
3. Auditors and Upper Division Clerks Examination.
4. Senior Observers Examination.
5. Stenographers Examination
6. Transmission Executive Examination
7. Police-Sub-Inspectors' (Delhi) Recruitment Examination
8. Asst. Grade Examination.